

# Historic Trinity

## News Letter

Vo. 24, No. 8 - September 2010

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### Pastor's Comment - "Need a Day of Rest?"

In 1894, President Cleveland signed a bill into law designating the first Monday in September as "Labor Day". Now, many years later, Labor Day is actually seen as the last long weekend of summer. And everyone who can, takes a "vacation" on the first Monday of September. The last hurrah! Friends and families gathering together for that last cookout, that last day at the beach, that last real day of 'rest & relaxation' before the hectic fall arrives. A day off from labor, however, was definitely not a new concept. Our Lord had instituted a day of rest, way before 1894. And, it wasn't called Labor Day....it was called the Sabbath. (Exodus 20:8-10). Which meant, we are supposed to take a day off from everyday life once a week... not just once a year. And this is not just a day of rest, it is a day of worship, a day of prayer, a day of thanksgiving, and a day to reconnect with our Lord. Does this sound like your Sundays, or do your Sundays look like the rest of your days in the week... hectic and harried. As Sunday comes to an end, do you feel spiritually, emotionally and physically renewed and energized, ready for a new week? Or, do you feel draggy and dreading Monday morning. May this Labor Day mark the day that we become more Sabbath-centered...ensuring that Sundays in our homes and lives are a true day of worship and rest, putting aside normal work activities and worldly distractions. May our focus be on precious time spent with the Lord, our loved ones, and even just ourselves, as we observe each Sabbath Day.



### RALLY SUNDAY

Rally Sunday, kicking off the 2010/2011 program for Historic Trinity's Sunday School, will be held on Sunday, September 12<sup>th</sup>. Children are asked to assemble in the auditorium at 9:00a.m., line up on the sidewalk out front of the church at 9:10a.m., process down the center aisle of the sanctuary, remain there for teacher installation, and then return to the auditorium for registration. Dan, Dan, The Choo Choo Man will provide train rides for the students, following registration. Sunday School classes are provided for children, 3 years old- 8<sup>th</sup> Grade. And, September 19<sup>th</sup> is Picture Day for Sunday School Classes!



### OFFICES CLOSED

The Historic Trinity offices will be closed Friday, September 3<sup>rd</sup>, thru Monday, September 6<sup>th</sup>, for the Labor Day Weekend. If you need assistance, please call one of the pastors, or, leave a message on the church's answering machine.

### SEPTEMBER START-UPS

- Sunday School Adult Class - 9:30am  
led by Dr. Kieth Gerberding
- Children's Sunday School - 9:30am  
led by Karin Eberhard & Kelly Machesky
- Adult Inquires' Classes (six sessions) - 11:00am  
led by Rev. James Gruetzner
- Marriage Seminars- (3 sessions) - 11:00am  
led by Rev. Ronald Guettler
- Cathedral Choir Practice- 6:30p.m. -Wednesdays  
led by Karl Osterland
- Cathedral Handbell Practice-10:30am -Sundays  
led by Wilma Heins
- Trinity Ladies' Aid- 11:30am- 2<sup>nd</sup> Thursday/month
- Trinity Guild- 7:00pm- 2<sup>nd</sup> Tuesday/month
- Men's Ministry Group- 7:00pm- 2<sup>nd</sup> Wednesday/month
- Bible Cell Groups- at various locations
- Seniors +60- 12noon- 3<sup>rd</sup> Monday/month

### PASTORS' SEMINARS



A 'Pastor's Seminar' will be held on the 4<sup>th</sup> Sunday (September -March) at 11:00a.m. in the Luther Lounge, by an Assisting Pastor of Historic Trinity. Dates & Topics are:

September 26- Rev. Ronald Guettler-

"End of Life Decisions"

October 24- Rev. Donald Neiswender-

"Christ and the Buddha"

November 28- Rev. James Gruetzner-

"A Biblical Confession in a Political Arena"

December-

none

January 23- Rev. Dr. Kieth Gerberding-

"How Reliable are the Books of the New Testament?"

February 27- Rev. Gary Headapohl-

"Knowing and Doing God's Will"

March 27- Rev. Dr. John Heins-

"Christian Stewardship"

### GRANDPARENTS SUNDAY

In 1978, President Jimmy Carter proclaimed that National Grandparent's Day would be celebrated every year on the first Sunday after Labor Day- Grandparent's Day, this year, falls on September 12<sup>th</sup>. Historic Trinity will celebrate Grandparent's Day during all three worship services on Sunday, September 12<sup>th</sup>. Make sure to invite your grandparents to attend church with you on this, their special day. Submit to the church office (before September 5<sup>th</sup>) a written note for your grandparent(s), and/or make up a card for your grandparent(s), and/or lend us a photo of your grandparent(s) to post in the display case of the Marowske Room.





**SEPTEMBER BIRTHDAYS**

- |                         |                         |                        |
|-------------------------|-------------------------|------------------------|
| 1 William Callahan      | 11 Carol Romano         | 20 James Judge         |
| 1 Margie Erfourth       | 12 Charlotte Adams      | 20 Richard Kidd, III   |
| 1 Brian Frederiksen     | 12 Brian Degnore        | 20 Dianne Nordberg     |
| 1 Kyle Gray             | 12 Jacquelyn Knoerr     | 21 Sharon Comiska      |
| 1 Patrick Muldowney     | 13 Miroslav Benka       | 21 Chadd Crowl         |
| 2 Leslie Falvey         | 13 Erica Harding        | 21 Wilma Heins         |
| 2 Sandy Frattini        | 13 Julie Kaleugher      | 21 Frederick Linstruth |
| 2 Frank Gahry           | 13 Nancy Potts          | 21 Nadine Nelson       |
| 2 Roy Knoerr            | 13 Jerome Tamm          | 21 DeAndre Turner      |
| 2 Robert Kowal          | 14 Peter Colasanti      | 22 Barbara DiMaggio    |
| 3 Cora Gurley           | 14 Catherine Giczewski  | 22 Marcus Higgs        |
| 3 Christie Schiller     | 14 Barney Judge         | 22 Kathleen Nickodemus |
| 3 Carl Zimmerman        | 14 William Listman      | 22 Sharron Rebant      |
| 4 Christopher Metikosh  | 14 Hugh Muellenhagen    | 22 Olivia Rummel       |
| 5 Jeffery Birg          | 14 Stephanie Pazdro     | 22 Karen Schankin      |
| 5 Patricia Ferrill      | 14 Selina Wiesenberger  | 23 Carmen Winkler      |
| 5 Joseph Simpson        | 14 Brett Young          | 24 Jeremy Cellarius    |
| 5 Carolyn Stekete       | 15 Paul Eichberger      | 24 Rachel Eberhard     |
| 6 Jay Dantzler          | 15 Pamela Halliday      | 24 Anna Ukrop          |
| 7 Arnold Cole           | 15 Carol King           | 25 Austin DeRosia      |
| 7 Thomas Driscoll       | 15 Rev. Richard Krugler | 25 Jacob Laginess      |
| 7 Denise Ryan           | 16 Donna Goddard        | 25 Kayla Linstruth     |
| 8 Shannon Gillis        | 16 Megan Kutz           | 25 Mary Lucht          |
| 8 Mirvan Hayes IV       | 16 Matthew Pietzke      | 25 Mary Rooker         |
| 8 Karin Kaselemis       | 16 Luise Runkel         | 25 Sandra Schaeffer    |
| 8 Charles Poljanac      | 16 Emma Schaening       | 26 Matthew Butzky      |
| 8 Anne Roberts          | 16 Ember Shaw           | 26 Rev Paul Keppler    |
| 8 Arlene Tarbet         | 17 Taylor Genzman       | 26 Noah Parrish        |
| 8 Ellen Woodfin         | 18 Patricia Benka       | 26 Camelia Rosvold     |
| 9 Lisa Green            | 18 Carolyn McMicking    | 26 Michelle Smith      |
| 9 Tammy Hurley          | 18 Julie McTaggart      | 28 Jordan Garber       |
| 9 Walter Juriew         | 18 Joseph Perkins       | 28 Max Keller          |
| 9 Alana Meeker          | 18 JerMel Stephens      | 28 Diane Russell       |
| 9 William Ritchie       | 19 Michael Benka Jr     | 29 Cheryl Davis        |
| 9 Stephen Van Elslander | 19 Penny Carolan        | 29 Jason Davis         |
| 9 Chelsea Watterworth   | 19 Lore Hillbom         | 29 Kyle Eberhard       |
| 10 Joshua Champney      | 19 Keith Lemley         | 29 Samantha Eubanks    |
| 10 Sara Drewek          | 19 Warren Reich         | 29 Eric Knoerr         |
| 10 Pamela LeDuc         | 20 Nina DiMambro        | 29 Madison Mohr        |
| 10 David Mroczka        | 20 Jason Frattini       | 29 Steven Rooker       |
| 10 Charles Potts        | 20 Florence Hartwell    | 30 Julia Butler        |

**SEPTEMBER ANNIVERSARIES**

- |                                     |                                       |
|-------------------------------------|---------------------------------------|
| 1 Daniel & Kathleen Nickodemus      | 20 Thomas & Joanne Champney           |
| 2 Thomas & Nadine Nelson            | 20 Robert Diegel & Susan Smart Diegel |
| 7 Sammy & Linda Jones               | 21 Thomas & Patricia Keller           |
| 7 Richard & Amanda Kidd Jr          | 21 Bryan & Jennifer Zbytowski         |
| 7 Timothy & Amy Meier               | 22 Thomas & Kimberly Mitchell         |
| 7 Richard & Ruth Murray             | 23 Gilbert & Linda Finger             |
| 7 Joshua & Laura Richelew           | 23 Peter & Pamela Nakoneczny          |
| 11 Dean & Deborah Ditto             | 23 Donald & Christine Rzeppa Jr       |
| 11 Matthew & Rachel Webb            | 24 Michael & Lisa Green               |
| 12 Todd & Catherine Bruning         | 24 Timothy & Melissa Sidebottom       |
| 12 Alfredo & Anna Calderon Jr       | 25 Norman & Sylvia Moore              |
| 13 Gregory & Kathryn Mullin         | 25 Thomas & Joyce Slaten              |
| 14 Joshua & Tracey Bunse            | 26 George & Melissa Gill              |
| 14 Robert & Lucia Gliese            | 26 Norman & Carolyn Malinowski        |
| 15 Kurt & Adele King                | 28 Michael & Michelene Eberhard       |
| 15 James & Susan Kiraly             | 28 Kenneth & Gina Fett                |
| 16 Joevin Nixon & Nicole Moss-Nixon | 28 Alexander & Janet Galton           |
| 16 Dale & Linda Steiger             | 28 Rev Ronald & Marilyn Guettler      |
| 18 Thomas & Juliana Meidl           | 29 Timothy & Carol Schley             |
| 18 Michael & Juilanne Scholtz       | 29 Nicholas & Adrienne Spitzer        |
| 19 Peter & Dana Raymant             | 30 Charles & Barbara DiMaggio         |

**BAPTISMS**

Lilliah Raine Rode,  
daughter of Peter Rode & Jillian Cansler, July 25<sup>th</sup>  
Jayden Alexander Cleveland,  
son of Frederick Cleveland & Amber Hurston, August 1<sup>st</sup>  
Hudson Edward Poljanac,  
son of Charles & Jennifer Poljanac, August 15<sup>th</sup>  
Samantha Michelle Behnke,  
daughter of Michael & Shannon Behnke, August 15<sup>th</sup>  
Fayola Mireille Kim,  
daughter of James & Kristen Kim, August 29<sup>th</sup>

**WEDDINGS**

Elliott Mills to Sarah Bivens, September 18<sup>th</sup>  
Emiliano Cruze to Amanda Maier, September 18<sup>th</sup>  
Anthony Weakland to Erin Bourassa, September 25<sup>th</sup>

**RED & BLUE LINE SERVICES**

Historic Trinity will hold special worship services on Sunday, September 19<sup>th</sup>, at 8:15, 9:30 & 11:00a.m. These services will honor and thank all active and retired Lutheran law enforcement officers and agents, firefighters, and EMS persons, who faithfully serve the communities, in their individual fields. We are honored to present the 2010 Red & Blue Line Award to Detroit Police Chief, Ralph L. Godbee, Jr., during the 11:00a.m. worship service on September 19<sup>th</sup>.



**VESTRY PLANNING MEETING**



The Historic Trinity Lutheran Church Officers & Vestry Members are responsible for the general operations of the church. They meet regularly to evaluate the many ministries, make recommendations and submit these to you, the

Voters of Historic Trinity, for final action. In September, of each year, they hold an extensive planning meeting, set a budget, propose actions to be taken, and share their joy of serving the Lord with each other. This year's Vestry Planning Meeting is Saturday, September 18<sup>th</sup>. Please pray for your church leaders, especially on September 18<sup>th</sup>, as they make vital decisions regarding the missions and ministry of Historic Trinity.

**PLAY BALL!!!!**

The Historic Trinity Men's Adult Softball Team, the "Halos", played ball, til Labor Day, every Tuesday, this past summer. And what a tremendous season they had! Great job! And also, a big thanks to all the fans who supported them!



**Super Spinach Salad by Ruth Murray**

Salad: 1 cantaloupe-half, seeded, 3 Tbsp sugar  
peeled & cubed 2 Tbsp orange juice  
7 cups torn fresh spinach 2 Tbsp vinegar  
1-1/2 cups cooked ham, cubed 1 Tbsp chopped onion  
1 cup thin sliced red onion 1/3 cup vegetable oil  
1/2 cup green grapes 1 tsp poppy seed  
Mix cantaloupe, spinach, ham, onions and grapes in bowl. Chill at least 2 hours. Place sugar, orange juice, vinegar and onion in blender; cover and blend until smooth. Gradually add oil and blend until slightly thickened. Add poppy seeds. Cover and chill. Toss with dressing just before serving.

This recipe, and many more, can be found in  
"Women's Retreat Salad Recipe Book"

3<sup>rd</sup> Edition, sold at the Trinity Guild counter for \$5.00 ea.



**SEPTEMBER VOLUNTEERS**

Thanks to all our many volunteers! Altar Guild, Ushers, Bulletin Stuffers, Acolytes and Crucifers, Greeters, Parish Nurses, persons who prepare and donate to the coffee hour, and many others who provide such dedicated and faithful service to our church.

**Ushers:**

- 8:15am- B Brantley, J Barker, W Juriew, J Lutz, V Voelker, A Watson, K Weier
- 9:30am- M Alter, J Barker, B Brantley, R Delas, R Maas, R Machesky, T Nelson, V Voelker
- 11am- P Bulthuis, M Hayes, W Juriew, G Kovach, R Krugler, V Voelker, B Vollmert

**Altar Guild:**

- 8:15 & 9:30am- J & B Krogsrud, D Phillips
- 11am- B Eberhard, D Moss, J Neiswender

**Acolytes & Crucifers:**

S, K, K & I Bruning; R, J, J, S & A Carolan; K Chesney; H, S & R Eberhard; J Garver & H Parish; S Geldys; M Groezinger; C & K Heise; T & B Herrera; S Jones; C King; J, A & C Koehler; J & B Krogsrud; M Machesky; M McCloskey; D Mitchell; P, B & M Muldowney; C, C, A & W Qualls; Jo-Ann Ridley; C Rummel; E Stephens; A & L Wiesenberger.

**Bulletin Stuffers:**

M & B Asmus; J & C Barker; L Bereza, A Cornwell, R DeNeen, P Douglas; R & D Goddard; E Hollan, M Erfourth, R & E McCaffrey, J Moon; E & R Robinson, Luise Runkel, & K Vandemergel

**PARISH NURSE NEWS-** by Nancy Jones

I hope you and your loved ones are able to enjoy a relaxing and peaceful Labor Day holiday. As we face the often hectic fall, I wanted to take some time to consider our Spiritual Health. What is Spiritual Health? We read in Genesis 2:7 that God formed man as he "...breathed into his nostrils the breath of life". Our real essence consists of our spiritual dimension: that which reflects the 'breath' of God. Spirituality is based on a dependence on God, and concerns the relationship with (1) God (2) self (3) others (4) the environment and (5) our past, present and future. Spiritual health exists when these relationships are in balance and support one another. How Can I Nourish My Spiritual Health? Just like our bodies, our spirits need special care and feeding in order to stay healthy. Romans Chapter 12 provides a helpful outline for nourishing our spirituality. First, and most important we need to involve ourselves in a life of worship (12:1). Since we were created in His image, nourishing our relationship with God is the basis of all health and wholeness. Second, we are encouraged to develop a right understanding of ourselves (12:2-3). A healthy sense of self that is consistent with God's perspective can help us to live a life of peace and joy. Third, we can nourish our relationships with others (12:4-16). Paul uses the symbol of the body to remind us that all of us are important parts of the Body of Christ. Our spirituality is made visible when we live a life that reflects Christ's love for all people. Fourth, in the world, we can live a life of peacemaking (12:17-21). We are able to conquer evil with peace as we nourish our spirits and reflect the love of Jesus.



**Historic Trinity  
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